

COVID-19

Coronavirus Disease

The Bridgewater Emergency Management Team is monitoring the Covid-19 virus situation. Local officials met on Tuesday and are putting a plan in place.

If you or a family member are quarantined (self or medically), we want to make sure that you have the resources that you need in order to maintain your isolation and not have to venture out into public.

If you need help with necessities such as:

- *Food/Water
- *Medicines

Please contact any of the following:

Town Health Officer – Ellen Quinn - 1-802-281-0615

Selectboard Chair – Lynne Bertram – 1-802-342-0784

Vermont Dept. of Health website at www.healthvermont.gov/coronavirus

Emergency Management Coordinator – Josh Maxham 1-802-299-8428

Health Tips:

No Handshaking / don't touch your face

Wash hands frequently

Cough or sneeze into your elbow or tissue and immediately discard

Use gloves when you are shopping, using the gas pump and all other outside activity

Stay Home